

## Are you living with PSP or CBD or caring for someone who is?

PSPA local groups offer people the chance to meet others and share ideas, experiences and information in a comfortable and welcoming environment.

### Join us!

#### South Ayrshire Support Group

**When:** First Tuesday of each month

**Time:** 2.00 – 4.00 pm

**Location:** **The Hospice Carers' Café,**  
**35 – 37 Racecourse Road,**  
**Ayr. KA7 2TG**

To find **your** local groups and **contacts** go to:

[www.pspassociation.org.uk/information-and-support/living-with-psp-cbd/your-local-group](http://www.pspassociation.org.uk/information-and-support/living-with-psp-cbd/your-local-group)

Telephone: 01327 322410

[www.pspassociation.org.uk](http://www.pspassociation.org.uk)



Progressive Supranuclear Palsy (PSP) and Corticobasal Degeneration (CBD) are rare neurological conditions that lead to difficulties with balance, movement, vision, speech and swallowing. There is no cure.

The PSP Association (PSPA) offers support and information to people living with the conditions while funding research. Our aim is that people affected by PSP and CBD do not feel they have to face the future alone.